



Dear guests,

the town Lido of Riva San Vitale offers free access to users from 15 years of age (year 2004 and after) to

Stand Up Paddle (SUP) and canoes

which may be used for a period of one hour in accordance with the «Terms of Use» and the «General Terms and Conditions» set out in this information brochure.

Once we have ascertained your level of training and technical knowledge (form «Accountability»), you will receive a numbered card valid for the entire bathing season and yearly renewable from with the first use of the material.

The card costs CHF 5.00 (one-off) and entitles the holder to use a Stand Up Paddle or canoe in accordance with the terms and conditions in force.

For your safety, while on the lake it is recommended to scrupulously follow the terms and conditions for the practice of SUP and canoe. You must always wear a life jacket and use the paddle.

Take care of the material and promptly report any defects or damages to the lifeguard or the cashier.

Enjoy the lake!

THE MUNICIPALITY

Stand Up Paddle (SUP) and canoe by the town Lido of Riva San Vitale



Stand Up Paddle (SUP) e canoes

Terms of Use

1. Organisation before going on the lake

- You should ideally be accompanied.
- Do not take the SUP if you are feeling unwell or if you have consumed alcoholic beverages.
- Present your identity card or another valid document to the cashier.
- Check the board/canoe, the paddle and the fin are not damaged, that the fin is securely fixed onto the board and that the paddle is suitable for your height. Inform the lifeguard about any damages.
- Wear the life jacket.
- Do a proper warm up: shoulders, arms, back.

2. Access to the lake

- Carry the canoe/board using the groove situated in the middle of the board, ensuring that it does not fall on the ground.
- If the canoe/board is too heavy, let someone help you.
- Enter the water using the slide next to the rack and paying attention to the bathers.
- It is forbidden to stand up in the area between the shore and the yellow buoys (area for bathers only). Remain seated or kneel on the board until you have crossed the buoys.

3. Safety measures while on the lake

- Maintain the 150 m distance from the shore.
- Do not hinder line boats and fishing boats.
- Immediately return to the shore in case of unfavourable weather conditions (wind, storm), if you are feeling tired or any symptom of physical discomfort.

4. Returning to shore (before 19:00)

- Get out of the water using the slide next to the rack.
- Replace the equipment exactly as you found it, clean the paddle from the sand and hang the life jacket with the zip closed.
- Go back to the cashier and collect your document; after 17:30 speak to the lifeguard.

These Terms of Use must be handed over to all users of the equipment.

Stand Up Paddle (SUP) e canoes

General Terms and Conditions

for the practice of SUP and canoe
at the town Lido of Riva San Vitale

1. Training and technical knowledge

In order to use the stand up paddles and/or the canoes, users of the town Lido of Riva San Vitale can choose from among one of the following options:

- a) Obtaining both written and oral of lacustrine safety measures and signing of the declaration of attainment to the rules; such procedure can be completed by the lifeguard on duty at the Lido;
- b) Obtaining of both written and oral of lacustrine safety measures, signing of the declaration of attainment to the rules and **basic technical training**; such procedure can be completed by the lifeguard on duty at the Lido;
- c) Obtaining of both written and oral of lacustrine safety measures, signing of the declaration of attainment to the rules, **extensive training of the basic technique and first theoretical approach to medium distance excursions**; such training can be taught **by a licensed instructor of the sportive services**.

Considering that minors must have had a basic training for the use of the equipment and have read the safety rules, they can only opt for options b) or c).

2. Respecting safety rules

The safety rules, handed in written form to each participant to the training course, must be followed at all times on the lake.

3. Damaged equipment

Each user must promptly inform the lifeguard about any possible damage to the equipment. Only with everyone's contribution will it be possible to guarantee an activity in complete safety.

These General Terms and Conditions must be hand over to all users of the equipment.