

# MONTE *Lema*

**30 | 07 | 2023**

**06 | 08 | 2023**

**12 | 08 | 2023**

Lema – Tamaro Mountain Trail  
with the lights of dawn

*Early Birds*

*visit* **Lema**  
discover **Malcantone**

# Early Birds

## Lema – Tamaro Mountain Trail with the lights of dawn

An unmissable opportunity to discover the sunrise at the summit of Monte Lema and escape the summer heatwave.

It will be possible to have breakfast on the spectacular terrace of the summit restaurant, watch the sunrise and set off early in the morning for the Lema-Tamaro mountain trail.

### Programme:

**05:00**

Meeting point at the Monte Lema cable car in Miglieglia

### Costs

**Adults CHF 45.—**

**Children CHF 25.— (6-16 years)**

Included:

- Ascent to Monte Lema
- Small breakfast at Monte Lema (croissant and coffee)
- Descent by cable car from Monte Tamaro

**Payment is made directly at the cable car departure point.**

### Additional information:

- Length: 13.1 km;
- Height difference ascent / descent: 962 m / 933 m
- Alt min / max: 1410 / 1602;
- Duration: 5 h without breaks
- Technical difficulty: Medium - T2
- Some parts of the route will be on the ridge;
- Reservation required within **3 days before the event:** [riservazioni@lemamountain.ch](mailto:riservazioni@lemamountain.ch);
- the event may be cancelled in the event of bad weather;
- Recommended clothing: sportswear, windbreaker, mountain boots;
- Participants must reach the meeting place independently;
- Free parking available on site;
- Offer cannot be combined with other facilities



**Lema**  
mountain